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STORE HOURS: Monday through Saturday,
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We Reserve the Right to Limit Quantities

Shop Miller's Meat Market and SAVE!

WHOLE GRADE A FRYERS 59¢	CHICKEN WINGS 69¢	DELI BUTTER BALL CHICKEN BREASTS \$3.99
LEG QUARTERS 39¢	CHICKEN NECKS 29¢	RED & WHITE TURKEYS 79¢
READY FOR FRYING, CUT UP FRYERS 69¢	CHICKEN BREASTS \$1.59	TURKEY WINGS 49¢
READY FOR BBQING BBQING FRYERS 69¢	HOLLY FARM CHICKEN FRANKS 79¢	
	FRESH CHICKEN HENS 99¢	

32 Oz. Bottle, Heinz Keg of

KETCHUP
99¢



6 Pak Cans Regular, Light or Dry Budweiser



BEER
\$2.59

12 Oz. Pkg. Kraft American Singles



CHEESE
\$1.79

42 Oz. Can Swift Jewel

SHORTENING
99¢

Roll Delta

TOWELS
2/\$1

2 Liter Bottle, Dr. Pepper, 7-Up, Diet Dr. Pepper, Diet Pepsi, Diet 7-Up, A&W or

PEPSI
99¢



5 Lb. Bag Russet

POTATOES
89¢

Reg. \$2.89 Bag, Lays

POTATO CHIPS
\$2.09



Reg. \$2.99 Bag Tortilla Chips



DORITOS
\$2.25

GROCERY ITEMS...



8 OZ. CARTONS, RAINBOW STRAWBERRY, FRUIT PUNCH, GRAPE, LEMON-LIME OR ORANGE

FRUIT DRINKS **8/\$1.00**

QUART JAR, KRAFT
MAYONNAISE **\$1.99**

16 OZ. CANS, CAMPBELL'S
PORK 'N BEANS **2/89¢**

16 OZ. CANS, RED & WHITE
WHOLE TOMATOES **2/\$1.00**

6 OZ. BOTTLES, EVANGELINE
HOT SAUCE **3/\$1.00**

5 LB. BAG, PILLSBURY
FLOUR **89¢**

28 OZ. BOX, ADOLPHUS

RICE **79¢**

30 CT. BOX, HEFTY TALL

KITCHEN TRASH BAGS **\$2.49**

50 CT. PKG., HEFTY

FOAM PLATES **\$1.49**

GALLON

CLOROX **\$1.18**

16 OZ. JAR, DEL DIXIE

HAMBURGER PICKLES **\$1.29**

7-1/2 OZ. CANS, PILLSBURY

BISCUITS **4/89¢**

12 PAK N/R BOTTLES

MILLER LITE BEER **\$5.19**

PRODUCE...

CALIFORNIA LARGE
CAULIFLOWER **79¢**

CELLO PAK BAG
SPINACH **79¢**

SUNKIST
LEMONS **10/\$1.00**

SUNKIST MINNEOLA
TANGERINES **6/\$1.00**

RAW IN SHELL, VALENCIA
PEANUTS **2 LB. BAG \$1.89**

FROZEN FOODS

14 OZ. BOX, EVERFRESH GLAZED
DOUGHNUTS **\$1.59**

BOX, WEAVERS BEST CHICKEN NUGGETS OR TENDERS
BREAST FILLETS **\$2.49**

10 OZ. BOXES, FROSTY ACRES
CHOPPED SPINACH **2/79¢**

Raider Review

The Raider Review is published by the Journalism Department of Rice High School, and the opinions reflected are of the students and not the administration, or The Eagle Lake Headlight, unless so stated.
Editors: Annual & Newspaper - Janie Botard; Photography - Christina Smith.
Staff: Heather Abel, Darryl Anderson, Natalie Cordova, Becky Faichtinger, Lareina Pence, Anessa Williams
Photographers: Noble Anderson, Welby Horton

Student Pride

By ANESSA WILLIAMS
The Rice High School Student Pride Award winner for the week of January 16-19 is sophomore Shanna Brunner.
When asked how she felt about receiving this award, she stated that she felt very honored and proud. When asked what she likes best about Rice High School, she said she likes how the teachers encourage the students to do their best and give support. Outside of school, she enjoys swimming, gymnastics and going to the beach. Shanna is involved in cheerleading, band, JV basketball, track, Student Council and is Vice President of the sophomore class. She is the daughter of William and Diana Brunner of Eagle Lake.

Seniors vote on class song

By JANIE BOTARD
The reality of graduation faced the seniors straight in their eyes with the voting of their class song, flower, motto and colors. Among the class song category, three songs were nominated: "For Just a Moment", "Wind Beneath My Wings" and "I've Had The Time of My Life". In the class flower category, the red rose, white rose with blue tips and the white catalpa were the top three nominations. The class motto category had three beautiful nominations: "Remember yesterday, dream about tomorrow, but live today", "Live for today, life is not a rehearsal" and "All our tomorrows depend upon today".
This brings the seniors even closer to their ultimate goal - GRADUATION.

Athletics beefing up

By DARRYL ANDERSON
Recently, the R. H. S. athletic department under director Tim Teykl purchased weight equipment from the Fitness Center of Eagle Lake, which has been out of operation for over a year. According to Coach Teykl, "the majority of the equipment is the free-weightlifting apparatus, including bars, plates, racks, dumbbells, benches, collars, and standards." Also, "other machine-type equipment was obtained to complement the free weights." These weights will be used at the three middle schools and the high school to augment the off-season conditioning programs.
This addition to the athletic department is just one step in a series of improvements Rice has made in its sporting facilities. Over the summer, a "facelift" was given to the high school...in the locker rooms, coaches

offices, weight room, and storage areas." Now, the emphasis is being shifted to the junior highs which "have been neglected for a long time." The main goal is "to continue to push forward in a very positive direction. When it's all said and done, we'd like to believe Rice C.I.S.D. will be a model for others to set their standards by." Coach Teykl said that he firmly believes that the Rice district has reached the top level in regards to weightlifting and conditioning equipment from grades 7-12 in class AAA. Coach Teykl was especially appreciative of the commitment to a total program that has been made by the people of this school system. He is also proud of the dedication of the young people. I think Coach Teykl summed it up best with these words: "Rice is special. Rice is unique. Rice is uncommon. Let's keep it that way!"

Seniors receive t-shirts

By CHRISTINA SMITH
After the holidays are over and the excitement of the new year has worn off, the feeling that the school year will never end sets in, especially for Seniors. The ever popular excuse for being bored and everything seeming old, SENIORITY, arises at this time. Each event, like receiving senior t-shirts, brings graduation closer and closer but never seeming fast enough.
On Thursday, January 11, during lunch, the Seniors received their t-shirts. The shirts are blue and white with "Class of '90" on the front and each individual's name on the back. Every Friday the t-shirt follows the tradition of wearing their shirts, because "We are Awesome, We are Mighty, 'Cause we are the Class of 1990!"

School breakfast essential for kids

Everyone needs breakfast, especially children and teenagers. After all, you can't teach a hungry child! The link between breakfast and performance has been clearly shown through research. Children who eat an adequate breakfast accomplish more in school. For example, they develop better math and problem-solving skills.
Breakfast skippers achieve less. By mid-morning - the peak teaching hours - their energy level, attention span and ability to concentrate are limited. And absenteeism, tardiness and poor discipline are higher when kids are hungry.
Rice Consolidated ISD wants children to get the most from school and become all they can be! Many students already enjoy a nutritious, appealing, yet inexpensive school breakfast. Like school lunch, breakfast is either "free", "reduced-price", or "charged", depending on a family's ability to pay.
The USDA monitors the breakfast program and requires that the menu is balanced with a variety of nutritious

foods. School breakfast provides about one-third of the nutrients and calories a child needs daily for growth, energy and health.
Contact the school principal where you child attends for more information about the School Breakfast Program.
Pvt. Casanova Jr. completes training
Pvt. Jesse Casanova Jr. has completed training at the U.S. Army Infantry School, Fort Benning, Ga. During the course, students received training which qualified them as light-weapon infantrymen and as indirect-fire crewmen in a rifle or mortar squad.
Instruction included weapons qualifications, tactics, patrolling, land mine warfare, field communications and combat operations.
Casanova is the son of Yolanda Perez of Eagle Lake. He is a 1988 graduate of Rice High School, Altair.

Meet the Mighty Rice Raiders

By LAREINA PENCE
This week, Jackie Dromgoole is in the "Meet the Raider" spotlight. Jackie is a Junior on the Varsity Lady Raider basketball team. She wears the jersey #25 and plays the position of wing and point.
Jackie was asked what the strong and weak points of the team were and she replied, "Our strongest point is teamwork, and our weakest point is that we don't have many players. However, even though we're small, we are still a hard-working team."
Jackie is on the varsity track team and is a varsity cheerleader. Other than being involved with these activities, she enjoys playing softball and swimming. She is the daughter of Jack and Elaine Dromgoole of Garwood.



Who's zat?

By BECKY FAICHTINGER
Well, it's 7:30 p.m. and he's still not here! This little cutie seems anxious to begin her night on the town. With her big brown eyes and curly brown hair, she's ready and waiting. When passing around this picture, the only clue given was that she is a member of the Freshman class.
As Tammie Hinz took a look at this smiling face, she knew it had to be Amy Leopold. Chantelle Chabreck was also stumped and guessed Joy Johnson. Jackie Dromgoole had no idea who's brown eyes these were and Tricia Thomas was baffled, guessing Kelli Walker.
Despite all these wrong guesses, there were some who were not fooled by her cute disposition. Kerry Scher-din, Holly Casarez, Sher Sunderman and Anessa Williams all knew those chubby cheeks belonged to Tracy Jones. Tracy is a member of the Raider Band. She is the daughter of Gene and Martha Jones of Eagle Lake.

HOT PROGRAMS FOR COLD WINTER NIGHTS.



When the chill of Old Man Winter starts to get under your skin, struggle up with the hottest movies around. They're on HBO, naturally. See movies like "Rain Man," "Twins," "The Naked Gun: From the Files of Police Squad!" and "Working Girl." And that's not all. There's a new HBO Original Movie every month. Plus, hilarious comedy specials, championship boxing, and wonderful family programming. So get HBO and turn the heat up this winter.

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RHS Weekly Calendar

By NATALIE CORDOVA
Tuesday, January 30: Boys basketball at Needville, 5:00; Needville girls at Rice, 5:00.
Friday, February 2: Palacios boys at Rice, 6:00; Rice girls at Palacios.

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Diabetes and Blood Glucose Monitors

It is estimated that nine to ten million Americans have diabetes, a leading cause of death in the United States. Control of diabetes depends on careful attention to diet; prevention of infection, such as through proper care of the feet; using insulin and oral medicines when indicated; and frequent testing of the blood for glucose.
Recent technological advances have made possible the self-testing of blood glucose by diabetics. Simple-to-use monitoring kits can be purchased for use at home or at work. The diabetic takes a finger prick device from the kit and sticks the end of a finger. A drop or two of blood is placed on a test strip for evaluation. Evaluation of blood glucose tests may be based on color changes on the test strips as observed visually or as read by the kit monitor. Some monitors provide a digital readout of the actual blood glucose level.
Some newer monitors have memory storage that can produce several readings for later evaluation. According to a recent issue of the Journal American Druggist, at least one company makes a monitor that can be hooked up to a diabetes management system. The system will display up to 250 test results by date and time and provide information about insulin dosing.